

Child Patients' Voice

Ting Ting A teenager with anorexia nervosa



Thank you for accompanying me through the most difficult times, giving me tremendous support and encouraging me to move on! May your blessing continue to be with other child patients as well!

Tze Ching 9 year-old girl, admitted to hospital for her left thigh contusion



I was so happy to gain more about medical knowledge from the hospital play specialists; their play let me have courage to face injection.

Rocky 12 year-old boy, suffering from low back pain and ache in one clap



Parents' testimonials

Heidi's Mother



My daughter Heidi relies on the respirator for life since her birth. I never thought she could "play" in such limited conditions. I'm really happy to see her playing with the little toy in her little hands. I can feel her joy during the process. I never thought the lifeless toy could become the means of my communication with my daughter. On Heidi's one-year birthday, the hospital play specialist gave us an album with photos showing my daughter playing with different toys. I was touched and gratified to see my daughter's innocent smile and I just could not hold back my tears. Thank you so much, hospital play specialists!

Wing Yin's Mother



My 8-year-old daughter suddenly got acute leukemia and had to stay in the hospital. There were numerous injections and medicines every day, in addition to the discomfort and hair loss caused by the chemotherapy. It would be too much for an adult, let alone a little girl. Fortunately, the play specialist came to accompany and play with my daughter every day, so that she could forget her pain, at least for a moment. As her mother, I stayed with her in the hospital all the time, but my little daughter always wanted to see the hospital play specialist. During the six-month hospitalization, my daughter was kept away from the outside world and became somewhat alienated with her little sister. Luckily they had the chance to play together and strengthen their sisterhood thanks to the outdoor activities by hospital play services.



Turn your contributions into sweet medicine

Playright continues to provide child patients with hospital play services thanks to the support from corporations with charitable objectives and philanthropists in the community. Let your generosity create a delightful future for child patients!

For donation, please browse:
www.playright.org.hk/tc/getInvolved_Donor.aspx

About Playright

Playright Children's Play Association (Playright), established in Hong Kong in 1987, is a charity organization that seeks to enrich the life of every child through quality play. We make a difference in the lives of children by encouraging them to play. We further seek to demonstrate to parents, teachers, policy makers and the public at large that quality play is vital if the full range of the child's developmental and other needs is to be successfully met.

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An alternative sweet medicine for child patients





When children are admitted to hospital

They not only have to face the discomfort and pain from the illness, but also the difficulty to understand those medical procedures. Therefore, they will have anxiety and usually do not know how to face it. On the other hand, in facing the child's illness, parents will also worry a lot. If it is a chronic illness or a long-term hospitalization, their stress would be even increased.



In order to support the children to adapt to the life in hospital and face the stress of treatments, it is essential to have Hospital Play Service in paediatric wards. Research studies show that play can support good health and help us recover from a number of illnesses. Studies demonstrate that happiness enhances the activity of the body's Natural Killer (NK) cells to build up the immune system, and it can reduce the levels of stress related hormones. Play can bring happiness to children and support them to recover sooner.

Playright provided Hospital Play Service for Hong Kong in 1994. For the benefits of children, through different therapeutic play activities, the trained Hospital Play Specialists bring joy as well as playful and child-friendly environments to the hospitals. At the same time, they also support the children to face their treatments positively and thereby speed up their recovery rate. With positive support and continuous access to play even during illness, hospitalized children can just like other children have happiness through play!



Preparation Play

We prepare children psychologically for upcoming medical procedures and treatments in order to reduce their stress and anxiety, including operations, chemotherapy, hemodialysis, CT scan, blood taking and many others.



Distraction Play

We help children cope with pain and anxiety during medical procedures by distracting them with interesting games and toys.



Medical Play

Through medical toys, we provide children with opportunities to learn some medical knowledge and express their feelings towards their illness.



Developmental Play

We provide appropriate play activities for children to have optimum psychological and psychosocial development during hospitalization.



Therapeutic Play

We provide tailor-made play services to children and teenagers who are suffering from behavioral problems, eating disorders or child abuse for helping them to build up a more healthy and happy life in the future.



Playright Channel

Playright introduced Hong Kong's first ever interactive hospital television channel in 2006. A lively monthly variety and game show broadcast in paediatric wards gives every child, even those confined to isolation wards, a chance to play and communicate with children in other wards. It is a valuable means for children to have fun through play and receive the support from the community.



Home Visit

We provide a home visit service to children with serious illness, for example to children after renal transplantation who need to be isolated at home. Through the service, we let them still have chances to play and get emotional support from us. Besides, we can provide education for parents on how to communicate with their children through play.



Outreach Play Programmes

We provide different kinds of outreach play programmes regularly for children with chronic illness to let them enjoy the play opportunities and enhance mutual support from family members and others.



Patient Play Group

This play group established by hospital play specialists focuses on the voice of children. We encourage child patients to join the group for discovering their individual potential, promoting their self-values and developing strong mutual support for each other through different kinds of play activities.



Little Star Project

We provide medical play workshops for pre-school and primary school children, helping them to understand more about hospitalization and encourage them to show their concern to child patients in hospitals.



Volunteer Play Service in Ward

Volunteers are a valuable resource for the hospital play service. They not only help us to provide play service for the hospitalized children, but advocate our mission and let the public know the importance of hospital play through their personal experiences.



Hospital Play Training & Workshop

Our professional hospital play specialists have visited many more hospitals to offer their expert opinion to the healthcare professionals and volunteers in the design and provision of appropriate play as well as the special skills needed when playing with children under medical care. Besides, we will provide related talks and courses to different nursing schools and health professional's associations by invitation.